



Old Almy Village . 1016 East Main Road . Portsmouth . Rhode Island 02871

## ~ Awakening the Light Body ~

**A One Day Seminar with Sufi Teacher Sheikh Firdousi  
(aka Dr. John Wyrick)**



**Sunday, March 14, 2010**

**12:00-6:00pm**

**Fee is \$100**

Offering a profound series of spiritual practice using the Sufi wazifa (mantras) that catalyze the actual awakening of the conscious radiance of the soul.

**About Sheikh Firdousi (Dr John Wyrick)**

**[nirodhakarmahealing.com](http://nirodhakarmahealing.com)**

Sheikh Firdousi has taught over 300 seminars and workshops in the Sufi tradition since 1975 and was given the title of "Sheikh" (Sufi spiritual teacher) in 1984 by the Sufi Ruhaniat International.

He resides with his wife Maura in Littleton, MA.

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**Register online at [tenthgateyogacenter.com](http://tenthgateyogacenter.com)  
or call Tenth Gate: 401-683-9642**